



Music Therapy Social Skills Groups

Beth Wiskus, MA, MT-BC, NMT is a Neurologic Music Therapist with **Special Music, Inc.** She will be offering Music Therapy Social Skills Groups for children with autism, neurologic impairments or developmental disabilities. Beth has over 16 years of experience in working with children with special needs.

Each session will incorporate:

- Psychomotor regulation through music and movement
- Social Stories and Social Skill Songs
 - **Possible Social Skill Topics:** flexibility, rules for conversation, expressing feelings, problem solving, interrupting, understanding other perspectives, perseverating, handling mistakes or changes, making friends, and more.
- Song Writing
- Interactive Instrument and Ensemble Play
- Relaxation Strategies

Neurologic

Music Therapy

Services

Sessions are a full hour long and held for 6 weeks on **Saturdays** from **April 14-May 19**. Groups will be divided based on age and abilities from 4-16 years.

GROUP TIMES: (groups selected based on age and abilities)
9:00 -- 10:00 am
10:15 – 11:15 am
11:30 – 12:30 am

LOCATION: **Children's Theraplay**
2399 Ariel Street N, Suite A
Maplewood, MN 55109
www.childrenstheraplaymn.com
Refer to web site for directions.

COST:

- **Regular Rate: \$192**
Registration and full payment are due by **Wednesday, Apr 11**.
- **Early Bird Rate: \$172**
Receive **10% off** if you submit your registration and full payment by **Friday, Mar 30**.

Coverage: CDCS, CSG or direct pay



To reserve a spot for your child in one of these group sessions, please submit **full payment** and the **Registration Form** located on the "quick links" section of the Special Music, Inc. web site to:

SPECIAL MUSIC, Inc.
Beth Wiskus, MA, MT-BC, NMT
1616 Fremont Ave, St Paul, MN 55106
612-251-8991
specialmusic@usfamily.net
www.specialmusicofmn.com

Payment is non-refundable. If a child is absent, the class will not be credited. If the instructor is absent, the class will be rescheduled. Make checks payable to **SPECIAL MUSIC, Inc.**

Beth will contact you to discuss your child's needs and abilities to determine which group may be the best fit for him or her.

Your child must be able to participate in group settings without needing 1:1 supervision.